



MAKE CHECKS PAYABLE TO:

**Debbie Schwartz TRGSC or
Michelle Neveling TRGSC**

Send checks to:

**Debbie Schwartz
683 Michael Drive
Toms River, NJ 08753
Or**

**Michelle Neveling
116 Chestnute Street
Toms River, NJ 08753**

****No Medication Administered
at Camp****

I hereby authorize the staff of the 2010 Toms River Girls Softball Camp to act for me accordingly and to their best judgment in situations requiring first aid or medical attention. I hereby waive and release the 2010 Toms River Girls Softball Camp from any and all liability for any injury or illness to my child while at camp.

Parent/Guardian Signature

Date

**DEBBIE SCHWARTZ
683 MICHAEL DR
TOMS RIVER, NJ 0873**

Toms River Girls Softball Camp



**Date:
June 28 - July 1**

**Time: 9:00 am-3:00pm
Lunch 12:00 pm -1:00pm**

**Place:
Toms River High
School East Softball Complex**
Home of the 2006 & 2007 South Jersey Group IV State
Sectional Champions

**Cost:
\$150 before May 20
\$160 after May 20**
*Pre-registration encouraged because of
limited enrollment

**Ages:
6 -16 years old**

**Fully inspected and certified by the
State of New Jersey.
Endorsed by the Toms River Girls
Softball League.**



Camp Directors

Debbie Schwartz

Toms River HS East Varsity Softball Coach
2006 and 2007 SJ Group IV Champs
2007 East Region Coaching Staff of the Year

Michelle Neveling

Toms River HS Assistant Coach
Former Professional Softball Player
2006 and 2007 SJ Group IV Champs
2007 East Region Coaching Staff of the Year

Camp Staff

The camp will players from the 2010
Toms River East softball team and
feature collegiate stand-outs

CAMP CONTENT

Every aspect of Fastpitch softball will be covered including: hitting, bunting, fielding, pitching and catching.

**The fundamentals of defense will be taught - proper fielding and throwing techniques, bunt coverage, 1st and 3rd situations, pick-off plays, relays and using the cut-off.

**Offensive instruction will include swing analysis and error correction, use of tees, soft toss, and Jugs machine.

Campers will learn bunting, baserunning and how to increase speed.

**Pitchers and catchers will receive group instruction as either a beginner, intermediate, or advanced player.

Daily Schedule

9:00 -9:30 -Camp Warm-up and Stretch

9:30 -11:30 -Specialized Technique & individualized skill sessions

11:30-12:00—"Team" Development

12:00-1:00 - LUNCH-Campers may buy pizza, hot dogs, snacks and cold drinks

1:00-1:15—Camp Warm-up and stretch

1:15-3:00 - Team Defensive Skills and Organized Gam Sessions



TOMS RIVER GIRLS SOFTBALL CAMP REGISTRATION

Name: _____

Address: _____

Phone: _____

Age: _____

Preferred Positions: _____

School: _____

Emergency Phone Number and Contact:

Shirt Size: S M L XL

(sizes are adult)

******Detach and send with check******